Centre for Counselling and Psychotherapy Education

Transpersonal Child, Adolescent and Family Therapy MA Programme

DIFFERENT WAYS OF SEEING THE WORLD: SOME IMPLICATIONS OF CULTURE, SOCIALISATION AND LANGUAGE FOR CLINICAL PRACTICE

CONTENTS

1.0 INTRODUCTION

2.0 CULTURE AND SOCIALISATION

- 2.1 Cultural messages
- 2.2 Cultural tasks
- 2.3 Language
- 2.4 Language and power
- 2.5 Normality/abnormality
- 2.6 Culture and the self
- 2.7 Religion and spirituality
- 2.8 Explanatory models

3.0 EXPLANATORY MODELS: CULTURAL PERSPECTIVES

- 3.2 An Asian model
- 3.3 An African model
- 3.4 "Culture bound" syndromes (see separate handout)
- 3.5 Somatisation

4.0 CULTURAL PERSPECTIVES ON "TREATMENT": WHAT HELPS WHOM

- 4.1 Belief and cure
- 4.2 Universals in healing
- 5.0 HOLISTIC APPROACHES: THE PERSON IN CONTEXT